



**PSHE/RSE CLASS 4 -Spring 2 – Me and My Relationships - Cycle B**



<b>Substantive Knowledge –</b> <b>Y4</b> I know that different people can have different feelings in the same situation;  <b>Y5</b> I know how feelings can be linked to physical state. I know that their feelings might change towards someone or something once they have further information	<b>Substantive Knowledge - Markers for Assessment</b> <b>Y4</b> To know we all react to situations in different ways and this is ok <b>Y4/Y5</b> Can understand the meaning of consent in relation to the body in an age-appropriate way. To know that some situations need further exploring	Below	Above
<b>Disciplinary Knowledge</b> <b>Y4</b> I can explain how different words can express the intensity of feelings. I can read different emotions by a person's body language. I can say 'no' in a calm and controlled way. I can give examples of strategies to respond to being bullied, including what people can do I can understand who or where pressure to behave in an unhealthy, unacceptable or risky way might come from.  <b>Y5</b> I can give examples of strategies to respond to being bullied, including what people can do and say I can understand and give examples of who or where pressure to behave in an unhealthy, unacceptable or risky way might come from	<b>Disciplinary Knowledge – Markers for assessment</b> <b>Y4</b> Is aware of others and their needs when working together Can say 'no' in a calm and controlled way. Can name suggest strategies that help teamwork.  <b>Y5</b> I can give examples of strategies to respond to being bullied, including what people can do and say I can understand and give examples of who or where pressure to behave in an unhealthy, unacceptable or risky way might come from		
<b>Prior Substantive Knowledge</b> <b>Y4 and Y5</b> I know how to look after my friends and stay friends. I know and understand the meaning of consent in relation to my body in an age - appropriate way.	<b>Vocabulary</b> <b>Y4/Y5</b> Cooperation, Friendship, Emotion, Bullying, Assertiveness, Collaboration, Respect, Consent , Healthy Relationship, Compromise, Conflict, Resolution		
<b>Prior Disciplinary Knowledge</b> <b>Y4/Y5</b> I can communicate my feelings and use this to try to manage my emotions. I can collaborate with a team to achieve a goal. I can accept I may not always agree with others. I can listen and share my opinions respectfully. I can say why friends may fall out and how they can make up.	<b>SCARF Units to be Covered (These are Year 4 units)</b> <ul style="list-style-type: none"> <li>• Human machines</li> <li>• Ok or not ok? (part 1)</li> <li>• Ok or not ok? (part 2)</li> <li>• An email from Harold!</li> <li>• Different feelings</li> <li>• Under Pressure</li> </ul>		
<b>Questions (potential 'hook' questions for lessons)</b> What would you do if your friends were falling out? How would you work together on a task to achieve the best outcome? What are the best ways of working as a team? How do we look after people we care for? How do we tell someone we want them to STOP?	<b>Cross-Curricular/Enrichment</b> <ul style="list-style-type: none"> <li>• RE: Friendships – Jesus and His Disciples/ Jesus being our Friend/</li> <li>• Conflict and Resolution / Forgiveness</li> <li>• Outdoor Adventure Day @ Borwick Hall</li> <li>• Picture News / First News</li> <li>• British Values – Rights &amp; Responsibilities</li> <li>• Storybooks: The Boy at The Back of the Class</li> </ul>		