



Physical Education – Autumn 1 - Cycle B 2023/24 – Class 3 – Y3 Invasion Games - Handball

<p>Knowledge (NC) Play competitive games, and apply basic principles suitable for attacking and defending;</p> <p>Character Honesty - To give the actual number of passes made with a partner / group. As a player - To agree to play by the rules and not cheat. As an official – To recognise and enforce the rules, recognising fair play.</p>	<p>Markers for Assessment</p> <p>Can make passes with a partner/group in a game.</p> <p>Can recognise & enforce rules and reward fair play.</p>	<p align="center">Below</p>	<p align="center">Above</p>
<p>Skills To demonstrate passing a ball using a bounce pass. To perform a one-handed bounce pass.</p> <p>To move into space after using a pass in a game. To use a feint to outwit an opponent and move into space.</p> <p>To perform a one-hand pass and/or one-handed bounce pass in a game.</p> <p>To apply a simple tactic to outwit a defender. To apply simple tactics to outwit a defender in a game.</p> <p>Y3 Skills for assessment Y4 plus ALL Y3 Assessment markers</p>	<p>Markers for Assessment</p> <p>Handball Bounce pass Grip the ball comfortably with one hand Stand shoulder width apart, sideways on to the target The throwing arm is held high and taken back behind the head at a 90° angle. Point the non-throwing arm at the target. Pull the throwing arm through toward the target about 2/3 of the distance between passer and receiver Follow through with your throwing arm pointing toward the target with accuracy.</p> <p>Catching a bounce Pass/Pass Eyes watching the ball into hands Hold hands in W shape ready to receive pass Reach for the ball with both hands and bring back to chest with increasing accuracy.</p> <p>One Handed Pass Pull the throwing arm through toward the target leading with your elbow Follow through with your throwing arm pointing toward the target with increasing accuracy.</p> <p>Tactics Running into a space to receive a pass Pretend to throw one way then throw another</p> <p>Tactics without the ball Running into a space to receive a pass Communicate using hand signals where they want the ball</p> <p>Tactics with the ball Range of passes (one handed or bounce) Feints – disguise the pass Passing to player in space with increased accuracy</p>	<p align="center">Below</p>	<p align="center">Above</p>

	Defender Intercept the ball with improved consistency		
Prior Knowledge • Run, jump, catch and throw in isolation.	Vocabulary Send, receive, pass, move, team, attack, defend, dodge, pitch, track, press, runs		
Prior Skills Can bounce and catch a ball. Can throw underarm and overarm for distance and accuracy. Can use a tactic when playing a simplified/modified game.			
Questions (potential 'hook' questions for lessons) How many passes can you make in 30 seconds? Which are the best passes to use and when? How did you outwit the defender? Why is it important to change the defender every minute?	Cross-Curricular/Enrichment SCIENCE/PSHE Maintaining a Healthy body through exercise. Effects of exercise on the body system. MATHS Scoring & Calculating ENGLISH Speaking and listening – communicating effectively Diamond 9 <ul style="list-style-type: none"> collaboration, challenge, resilient 		