



PSHE/RSE CLASS 3 -Spring 2 – Me and My Relationships - Cycle B



Substantive Knowledge – Y3 I know what we mean by a 'positive, healthy relationship. I can describe some of the qualities that they admire in others I know that there are times when they might need to say 'no' to a friend I know and understand the meaning of consent in relation to my body in an age appropriate way. Y4 I know that different people can have different feelings in the same situation; I know how feelings can be linked to physical state.	Substantive Knowledge - Markers for Assessment Y3 Can suggest ways of looking after friends and staying friends. Y4 Can suggest qualities of a healthy relationship Y3/Y4 Can understand the meaning of consent in relation to the body in an age appropriate way.	Below	Above
Disciplinary Knowledge Y3 I can describe appropriate assertive strategies for saying 'no' to a friend I can demonstrate strategies for working on a collaborative task I can define successful qualities of teamwork and collaboration. Y4 I can explain how different words can express the intensity of feelings. I can read different emotions by a person's body language. I can say 'no' in a calm and controlled way. I can give examples of strategies to respond to being bullied, including what people can do and say I can understand and give examples of who or where pressure to behave in an unhealthy, unacceptable or risky way might come from.	Disciplinary Knowledge – Markers for assessment Y3 Can communicate feelings and use this to try to manage emotions. Can collaborate with a team to achieve a goal. Y4 Is aware of others and their needs when working together Can say 'no' in a calm and controlled way. Can name suggest strategies that help teamwork.		
Prior Knowledge Y3 I understand we have different ways to express our feelings. Y4 I know how to look after my friends and stay friends. I know and understand the meaning of consent in relation to my body in an age appropriate way.	Vocabulary Y3/Y4 Cooperation, Friendship, Emotion, Bullying, Assertiveness, Collaboration, Respect, Consent , Healthy Relationship, Compromise, Conflict, Resolution		
Prior Skills Y3 I can express my feelings in a safe, controlled way. I can tell you some ways that I can get help, if I am being bullied and what I can do if someone teases me. I can tell someone how they are making me feel. I can give you lots of ideas about being what makes a good friend and also tell you how I try to be a good friend. Y4 I can communicate my feelings and use this to try to manage my emotions. I can collaborate with a team to achieve a goal. I can accept I may not always agree with others. I can listen and share my opinions respectfully. I can say why friends may fall out and how they can make up.	SCARF Units to be Covered <ul style="list-style-type: none"> • Human machines • Ok or not ok? (part 1) • Ok or not ok? (part 2) • An email from Harold! • Different feelings • Under Pressure 		
Questions (potential 'hook' questions for lessons) What would you do if your friends were falling out? How would you work together on a task to achieve the best outcome? What are the best ways of working as a team? How do we look after people we care for? How do we tell someone we want them to STOP?	Cross-Curricular/Enrichment <ul style="list-style-type: none"> • RE: Friendships – Jesus and His Disciples/ Jesus being our Friend/ • Conflict and Resolution / Forgiveness • Outdoor Adventure Day @ Borwick Hall • Picture News / First News • British Values – Rights & Responsibilities • Storybooks: The Boy at The Back of the Class 		