



Physical Education – Summer 2 - Cycle A 2022/23 – Class 2 – Y2 Athletics

<p>Knowledge (NC) Games & FMS To master basic movements including running, throwing and catching, as well as developing balance, agility and co-ordination.</p>	<p>Markers for Assessment Can throw a ball using some accuracy. Begin to catch a ball with improving accuracy. Begin to move into space to throw or catch a ball. Begin to Can work with a small group to throw and catch a ball with some accuracy.</p>	<p>Below</p>	<p>Above</p>
<p>Skills To throw underarm for accuracy. To throw underarm accurately into a target. To throw overarm accurately. To throw overarm for distance. To throw using a push and two-handed throw for distance. To throw using an underarm and overarm throw for distance and accuracy. To throw as far as possible. To jump for distance with some control. To jump for distance with control. To complete an obstacle course with speed and agility.</p> <p>Y1 Assessment Markers Y2 ALL Assessment Markers</p>	<p>Markers for Assessment Overarm Throw Stand sideways. Step forward with opposite foot to throwing arm. Begin to Hold opposite arm up for balance and aim. Begin to Follow through with arm after releasing object. Underhand throw Face direction of the throw Begin to Step forward with opposite foot to throwing hand Begin to Follow through with arm fingers pointing at the target Push throw Keep the object close to neck Side on to the throw Begin to show Balance is transferred from back leg to front leg Rear/throwing arm punches beanbag/ball out and up, extending arm Running Head and body stable Begin to use Knee lift Begin to use Arms driving forward and backwards.</p>	<p>Below</p>	<p>Above</p>
<p>Prior Knowledge To master basic movements including running, jumping, throwing and catching.</p>	<p>Vocabulary <i>overarm, target, underarm, release, opposite, object, path, stable, knee lift, extend</i></p>		
<p>Prior Skills Can throw overarm. Can throw underarm. Can throw to a target or person.</p>			
<p>Questions (potential 'hook' questions for lessons) How close can you get to the target?</p>	<p>Cross-Curricular/Enrichment</p>		

Can you push throw further than you can jump?
Is there a difference if you do an overarm throw from kneeling?
Which arm can you throw furthest with?

SCIENCE/PSHE

Healthy bodies – exercise for health

MATHS

Measuring distances and counting/calculating totals.