DT Summer 1 Cooking and Nutrition Year 6

Substantive Knowledge	Markers for Assessment	Below	Above
Understand a recipe can be adapted by adding / substituting ingredients			
Explain the seasonality of foods.			
Name some types of food that are grown, reared or caught in the UK or wider			
world			
Describe some of the different substances in food and drink, and how they can affect health	Can they adapt a recipe?		
Disciplinary Knowledge	Can they adequately peel, chop etc in order to make their		
Design	product?		
 Adapt recipes to change appearance, taste, texture or aroma. Make 	Are they able to evaluate their own product?		
 Prepare and cook a variety of savoury dishes safely and hygienically including, where appropriate, the use of heat source. 			
 Use a range of techniques confidently such as peeling, chopping, slicing, grating, mixing, spreading, kneading and baking. 			
Evaluate			
• Evaluate their ideas and products against their own design criteria and consider			
the views of others to improve their work			
Prior Substantive Knowledge	Vocabulary		
 Explain how to be safe / hygienic and follow own guidelines 	Cams, pulleys, gears, pneumatics, hydraulics, aesthetics, levers	, linkages,	refine,
 Present product well - interesting, attractive, fit for purpose. 	product, slides, wheels, axles, design, make, evaluate annotate	d drawing,	cross
Begin to understand seasonality of foods	section.		
 Understand food can be grown, reared or caught in the UK and the wider world. 	Questions		
 describe how recipes can be adapted to change appearance, taste, texture, aroma 	What foods might we find in the UK?		
 Explain how there are different substances in food / drink needed for 	How are foods kept fresh in our supermarkets? What are the d	•	
health	Why are certain foods cheaper at certain times of the year e.g.	sprouts? V	Vhy do
Prior Disciplinary Knowledge	the costs fluctuate?	_	
 Prepare and cook some savoury dishes safely and hygienically including, 	What might be the healthiest way to cook this item? (bake, fry	, air fry, bo	iletc)
where appropriate, use of heat source.			
 Use range of techniques such as peeling, chopping, slicing, grating, mixing, 			
spreading, kneading and baking.			