

PSHE/RSE CLASS 4 – Autumn 2 – Keeping Myself Safe - Cycle B



Substantive Knowledge — Y4 To know what a 'habit' is To know what is meant by a 'dare' To know that people aren't always who they say they are online To know that all medicines are drugs but not all drugs are medicines As above and Y5 To know that there are positive and negative risks To recognise the difference between face-to-face and online bullying To know what someone should do when faced with a risky situation	Markers for Assessment – Substantive Knowledge Y4 To know that people aren't always who they say they are online To know that all medicines are drugs but not all drugs are medicines Y5 To know that there are positive and negative risks	Below	Above
Disciplinary Knowledge Y4 To demonstrate strategies for dealing with face-to –face and online bullying To demonstrate strategies for supporting others who are bullied To suggest ways of standing up to someone who gives a dare To know how to protect personal online information Y5 To identify risk factors in a given situation and consider outcomes of risk taking in the situation, including emotional risks	Markers for Assessment – Disciplinary Knowledge Y4 To know how to protect personal online information To demonstrate strategies for dealing with face-to –face and online bullying Y5 To identify risk factors in a given situation and consider outcomes of risk taking in the situation, including emotional risks		
Prior Substantive Knowledge Year 4 and 5 • Know the language of 'danger', 'risk' and 'harm' • Know strategies for safe online sharing • Know what is meant by the word 'dare' • Know that medicines are drugs • Understand some of the key risks and effects of smoking and drinking alcohol	Vocabulary Danger, risk, harm, dare, drugs, hazard, infectious		
Prior Disciplinary Knowledge Y4 Identify situations which are either dangerous, risky or hazardous Explain the implications of sharing images online Identify from given scenarios what is a dare and what is not Y5 To suggest alternatives for taking a medicine when unwell Suggest strategies for limiting the spread of infectious diseases Give examples of some of the consequences of behaving in an unacceptable, unhealthy or risky way	SCARF Units to be Covered 'Thunking' about habits Jay's Dilemma Spot Bullying Ella's diary dilemma Decision Dilemmas Would you Risk It?		
 Questions (potential 'hook' questions for lessons) How can we keep ourselves safe online? How can we face up to bullies? Can you think of a risky situation you have been in or you know someone has been in? 	Cross-Curricular/Enrichment Computing – Online Safety Science – Medicines		