



## Physical Education – Summer 1 - Cycle B 2023/24 – Class 1 – Athletics Y1 Honey Pot

<p><b>Substantive Knowledge (NC)</b></p> <ul style="list-style-type: none"> <li>master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities.</li> </ul> <p><b>Character</b></p> <p>Co-operation - To help others in my group by encouraging them so we work towards a shared goal.</p> <p>Encouragement - To help and support my teammates when they find something challenging.</p> <p>Honesty – To be responsible and own up when I fall in the ‘river’.</p> <p>Self-belief - To focus on my own performance and the progress I can make</p>	<p><b>Markers for Assessment</b></p> <p>Can cooperate with a partner, or in a small group.</p> <p>Can encourage others to do their best.</p> <p>Can improve my performance.</p>	<p><b>Below</b></p>	<p><b>Above</b></p>
<p><b>Disciplinary Knowledge</b></p> <p>To show a hopping skill with rhythm.</p> <p>To run and change direction quickly.</p> <p>To demonstrate throwing underarm with some accuracy.</p> <p>To demonstrate jumping as far as possible and landing safely with control.</p> <p>To roll a ball with some accuracy and control.</p> <p><b>EYFS Assessment Markers</b></p> <p><b>Y1 – ALL Assessment Markers</b></p>	<p><b>Markers for Assessment</b></p> <p>Can run and change direction quickly.</p> <p>Can throw underarm with some accuracy.</p> <p>Can jump for distance and land safely.</p> <p>Can begin to roll a ball with some accuracy.</p> <p>Can roll a ball with some accuracy and control.</p>	<p><b>Below</b></p>	<p><b>Above</b></p>
<p><b>Prior Substantive Knowledge</b></p> <ul style="list-style-type: none"> <li>The five FMS from EYFS</li> </ul>	<p><b>Vocabulary</b></p> <p>Travel, run, hop, jump, change direction, safe landing, distance, throw, roll, target, accuracy, control, honesty, cooperation, encouragement, responsible, demonstrate</p>		
<p><b>Prior Disciplinary Skills</b></p> <ul style="list-style-type: none"> <li>The five FMS from EYFS</li> </ul>			
<p><b>Questions (potential ‘hook’ questions for lessons)</b></p> <p>What do we mean by ‘cooperation’?</p> <p>What can help keep the beanbag on your head?</p> <p>What do I mean by encouragement? Why is it important?</p> <p>How did you encourage your partner or team mate last time?</p> <p>How do we land safely when jumping?</p>	<p><b>Cross-Curricular/Enrichment</b></p> <p><b>SCIENCE</b></p> <p>Measuring and recording data – tally charts and simple tables.</p> <p>Outdoor physical activity</p> <p>Playground ball games, skipping, hopscotch and target games using the target boards/markings.</p>		