



PSHE/RSE CLASS 3 – Spring 1 – Growing and Changing- Cycle B
Personal identity, individuality and emotional wellbeing



Substantive Knowledge – Both year groups Year 3 <ul style="list-style-type: none"> To know who they have positive healthy relationships with To know what is meant by the term 'body space' or 'personal space' To know the meaning of the words surprise and secret and know the difference between an unsafe surprise or an unsafe secret Know how different secrets and surprises might make them feel As above and Y4: <ul style="list-style-type: none"> To know some positive and negative feelings To know the term 'compromise' 	Markers for Assessment – Substantive Knowledge Y3 <ul style="list-style-type: none"> To know the meaning of the words surprise and secret and know the difference between an unsafe surprise or an unsafe secret To know who they have positive healthy relationships with Y4 as above and <ul style="list-style-type: none"> To identify situations which evoke positive or negative feelings 	Below	Above
Disciplinary Knowledge Y3 <ul style="list-style-type: none"> To identify different types of relationship To rehearse strategies for when someone is invading their personal space To know who to ask for help if a secret makes them feel uncomfortable or unsafe As above and Y4: <ul style="list-style-type: none"> To identify situations where compromise is necessary To explain how positive and negative feelings impact on their everyday lives 	Markers for Assessment – Disciplinary Knowledge Y3 <ul style="list-style-type: none"> To rehearse strategies for asking for help if they feel uncomfortable or unsafe Y4 as above and: <ul style="list-style-type: none"> To identify situations where they need to compromise 		
Prior Substantive Knowledge Year 3 <ul style="list-style-type: none"> I can describe the stages of growth I have been through and what I look forward to in my future. I can talk about keeping private parts private. I can name the human private parts that are used to make a baby. I can give support to a friend. I can describe feelings of loss and suggest what someone can do if a friend moves away Year 4 <ul style="list-style-type: none"> To know who they have positive healthy relationships with To know what is meant by the term 'body space' or 'personal space' To know the meaning of the words surprise and secret and know the difference between an unsafe surprise or an unsafe secret Know how different secrets and surprises might make them feel 	Vocabulary Consent, compromise, positive, healthy relationships, secret, surprise, personal space		
Prior Disciplinary Knowledge Y3 <ul style="list-style-type: none"> Identify different stages of growth (e.g. baby, toddler, child, teenager, adult) Identify which parts of the human body are private Explain that a person's genitals help them to make babies when they are grown up Explain what privacy means Know that you are not allowed to touch someone's private belongings without their permission Y4 <ul style="list-style-type: none"> To identify different types of relationship To rehearse strategies for when someone is invading their personal space To know who to ask for help if a secret makes them feel uncomfortable or unsafe 	SCARF Units to be Covered (Year 3) <ul style="list-style-type: none"> Body Space Relationship Tree Secret or surprise Basic First Aid 		
Questions (potential 'hook' questions for lessons) <ul style="list-style-type: none"> What do we mean by the word 'consent'? How do we feel if someone gets too close to us when we haven't asked them to? How can we change a negative feeling into a positive feeling? 	Cross-Curricular/Enrichment PANTS talk from NSPCC Science – Medicines as drugs First Aid Club Visit from St John's Ambulance or Mrs Edwards doing some First Aid with the children		