



## Physical Education – Autumn 1 - Cycle B 23/24 – Class 4 – Y5/6 Dance – Heroes & Villains

<p><b>Knowledge (NC)</b> Perform dances using a range of movement patterns.</p> <p><b>Character</b> Empathy - To create a learning environment where everyone feels comfortable to share and present their ideas. To understand how heroic characters might feel and work with a group to portray these qualities. To work together ensuring all pupils are confident and happy to create and improve their duet. To work with a partner and small group, listen and take on board all group members ideas.</p>	<p><b>Markers for Assessment</b> Can perform a dance.</p> <p>Can share ideas.</p> <p>Begin to recognise the feelings of others.</p> <p>Combine different ideas to create a group dance.</p>	<p><b>Below</b></p>	<p><b>Above</b></p>
<p><b>Skills</b> To begin to know how to construct a dance and share their own creations to the class. To create a group dance using a range of dynamics, accurately timed. To identify real-life heroes and why they are heroes. To develop a well-rehearsed duet that demonstrates a range of choreographic techniques. To create and perform two different dances from different stimulus (a duet and a group dance). To perform a dance for an audience.</p> <p>Y4 ALL Assessment markers Y5 plus ALL Y4 Assessment markers</p>	<p><b>Markers for Assessment</b> Demonstrate increased understanding of heroic qualities.</p> <p>Demonstrate creative skills and choreographic understanding.</p> <p>Rehearse their full performance independently, in groups and as a full class.</p> <p>With support, Perform their dance to a new audience.</p>	<p><b>Below</b></p>	<p><b>Above</b></p>
<p><b>Prior Knowledge</b> Work with a partner to create a simple dance sequence.</p> <p><b>Prior Skills</b> Perform a dance with a partner or in a small group. Sequence dance movements.</p>	<p><b>Vocabulary</b> Action, movement, travel, direction, space, routine, rhythm, speed, levels, gesture, formation, cannon, mirroring, isolation, improvise, motif, stimulus, dynamics, choreograph</p>		
<p><b>Questions (potential 'hook' questions for lessons)</b> Which superhero character do you most relate to and why? Can you watch and give sensitive and constructive feedback to others? How can you ensure everyone is involved and no one is left out? Do you have any heroic qualities?</p>	<p><b>Cross-Curricular/Enrichment</b> <b>SCIENCE/PSHE</b> Maintaining a Healthy body through exercise. Effects of exercise on the body system. <b>ENGLISH</b> Speaking &amp; Listening – communication skills, Stories – Heroes and Villans <b>Diamond 9</b> - collaboration, challenge, resilient</p>		