



**PSHE/RSE CLASS 5 – Summer 2 – Keeping Myself Safe**  
**SAYING SAFE ONLINE, DRUGS: NORMS & RISKS- INCLUDING THE LAW, EMOTIONAL NEEDS**



| <b>Substantive Knowledge –</b> <ul style="list-style-type: none"> <li>• I know what safe, respectful and responsible behaviours and strategies are when using social media.</li> <li>• I know how to safely share images online.</li> </ul>   | <b>Markers for Assessment – Substantive Knowledge</b> <ul style="list-style-type: none"> <li>• I know what safe, respectful and responsible behaviours and strategies are when using social media.</li> <li>• I know how to safely share images online.</li> </ul>   | Below  | Above |
|---|--|--|-------|
| <b>Disciplinary Knowledge</b> <ul style="list-style-type: none"> <li>• I can explain how social norms around alcohol can influence a person’s decision whether to drink alcohol or not.</li> <li>• I can suggest positive ways to meet my emotional needs and how this impacts my behaviour.</li> <li>• I can begin to make decisions independently and responsibly.</li> </ul> | <b>Markers for Assessment – Disciplinary Knowledge</b> <ul style="list-style-type: none"> <li>• I can suggest positive ways to meet my emotional needs and how this impacts my behaviour.</li> <li>• I can begin to make decisions independently and responsibly.</li> </ul>   |  |       |
| <b>Prior Substantive Knowledge</b> <ul style="list-style-type: none"> <li>• I know what someone should do when faced with a risky situation.</li> <li>• I know how to protect my personal information online. I can recognise disrespectful behaviour online.</li> </ul>  | <b>Vocabulary</b><br>Drugs, consent, addiction, responsibility, law, norms, respect, strategies  |  |       |
| <b>Prior Disciplinary Knowledge</b> <ul style="list-style-type: none"> <li>• I can identify the risks in a specific situation (including emotional risks).</li> <li>• I can discuss social norms relating to cigarettes and what may influence a person’s decision to not smoke.</li> <li>• I can support someone who is being bullied.</li> </ul>                              | <b>SCARF Units to be Covered</b> <ul style="list-style-type: none"> <li>• Think before you click!</li> <li>• Traffic lights</li> <li>• To share or not to share?</li> <li>• Rat Park</li> </ul>  | <ul style="list-style-type: none"> <li>• What sort of drug is...?</li> <li>• Drugs: it's the law!</li> <li>• Alcohol: what is normal?</li> <li>• Joe's story (part 1)</li> <li>• Joe's story (part 2)</li> </ul> |       |
| <b>Questions (potential 'hook' questions for lessons)</b> <ul style="list-style-type: none"> <li>• How can my online postings be spread?</li> <li>• What is meant by addiction?</li> <li>• How can drugs be a positive thing?/negative thing?</li> <li>• How can human emotional needs be met?</li> </ul>   | <b>Cross-Curricular/Enrichment</b> <ul style="list-style-type: none"> <li>• RE – Trust and Respect</li> <li>• British Values</li> <li>• Science – medicines and their use</li> <li>• Preparation for high school</li> <li>• Computing – Online Safety, sending e-mails, texts, blogging, vlogging, social media etc</li> </ul> |  |       |