



PSHE/RSE CLASS 2- Summer 2 – Keeping Myself Safe- Cycle A

Substantive Knowledge – KEY FOCI - RECOGNISING PRIVACY, SAFE AND UNSAFE SECRETS, COMMUNICATING ONLINE, APPROPRIATE TOUCH & MEDICINE SAFETY	Markers for Assessment - Knowledge		Below	Above
<p>Year 1 –</p> <ul style="list-style-type: none"> • I know the things my body needs to stay well (exercise, sleep, healthy foods) • I know what I can do if I have strong, but not so good feelings, to help me stay safe • I know how to say 'no' to unwanted touch and ask for help from a trusted adult. • I know when medicines can be helpful or might be harmful. • I know how to stay safe around medicine <p>Year 2 –</p> <ul style="list-style-type: none"> • I know how to keep myself safe around medicines. • I know some examples of safe and unsafe secrets and I can think of safe people who can help if something feels wrong. • I know examples of touches that are ok or not ok (even if they haven't happened to me) 	<p>Y1</p> <ul style="list-style-type: none"> • I know the things my body needs to stay well (exercise, sleep, healthy foods) • I know how to say 'no' to unwanted touch and ask for help from a trusted adult. • I know when medicines can be helpful or might be harmful <p>Y2</p> <ul style="list-style-type: none"> • I know how to keep myself safe around medicines. • I know some examples of safe and unsafe secrets and I can think of safe people who can help if something feels wrong. • I know examples of touches that are ok or not ok (even if they haven't happened to me) 			
<p>Disciplinary Knowledge</p> <p>Y1 –</p> <ul style="list-style-type: none"> • I can say no to unwanted touch and ask for help from a trusted adult • I can name things my body needs to stay healthy <p>Y2 –</p> <ul style="list-style-type: none"> • I can explain that medicines can be helpful or harmful, and say how they can be used safely • I can say 'Yes', 'No', 'I'll ask', or 'I'll tell', in relation to keeping myself and others safe. • I can say what I do and don't like and who to ask for help. • I can identify a safe person to tell if I felt 'not OK' about something. 	<p>Markers for Assessment - Skills</p> <p>Y1</p> <ul style="list-style-type: none"> • I can say no to unwanted touch and ask for help from a trusted adult • I can name things my body needs to stay healthy <p>Y2</p> <ul style="list-style-type: none"> • I can explain that medicines can be helpful or harmful, and say how they can be used safely • To use the Stop!, No!, I don't like that mantra • I can say what I do and don't like and who to ask for help. • I can identify a safe person to tell if I felt 'not OK' about something. 			
<p>Prior Substantive Knowledge</p> <p>Y1 –</p> <ul style="list-style-type: none"> • I can tell you what my body needs to stay healthy. • I know some things that can be dangerous inside and outside. • I know what is safe to play online <p>Y2 –</p> <ul style="list-style-type: none"> • I know ways to look after my home and school. • I know how to look after a special person or thing. • I know some things that money is spent on. • I know how to get help if someone has hurt themselves 	<p>Vocabulary</p> <p>Medicine, secrets, consent, touch, responsibility, dangerous, trusted adults</p>			
<p>Prior Disciplinary Knowledge</p> <p>Y1 –</p> <ul style="list-style-type: none"> • I can identify who to talk to if I feel worried. • I can name the adults who keep me safe and when I might need their help. • I can make safe decisions around medicines and things I don't know. <p>Y2 –</p> <ul style="list-style-type: none"> • I can wash my hands correctly. • I can get help if someone has hurt themselves. 	<p>SCARF Units to be Covered</p> <ul style="list-style-type: none"> • Healthy Me • Super Sleep • Who can help? • Harold loses Godfrey • What could Harold do? 	<ul style="list-style-type: none"> • Good or bad touches • Sharing pictures • Being a good friend • Let's all be happy • Being a good friend 		
<p>Questions (potential 'hook' questions for lessons)</p> <ul style="list-style-type: none"> • How can we make ourselves feel better if we are poorly? • What are good touches? What are bad touches? • What is a safe secret? What is a bad secret? 	<p>Cross-Curricular/Enrichment</p> <ul style="list-style-type: none"> • Science – Animals including humans • Computing – online safety • Stories – The Huge Bag of Worries • Worry Monster 			