



PSHE/RSE CLASS 2- Spring 2 –Me and My Relationships- Cycle B

Roles of different people, families, feeling cared for

Knowledge – Year 1 – <ul style="list-style-type: none"> • Know a range of feelings • Know that they belong to various groups and communities such as their family • Know the qualities of a good friend Year 2 – <ul style="list-style-type: none"> • To know helpful ways of responding to other’s feelings • To know different people have different ways of expressing feelings • To know the difference between bullying and isolated unkind behaviour 	Markers for Assessment - Knowledge Y1 <ul style="list-style-type: none"> • Identify who can help if they are sad, worried or scared. • Identify ways to help others or themselves if they are sad or worried. Y2 <ul style="list-style-type: none"> • To know that bullying and unkind behaviour are both unacceptable ways of behaving • To recognise, name and understand how to deal with feelings 	Below	Above
Skills Y1 <ul style="list-style-type: none"> • To explain how people help us and how we can also help them to help us • To identify how different feelings might make us behave • Suggest simple strategies for making up after a falling out Y2 – <ul style="list-style-type: none"> • To use a range of words to describe feelings • To explain where someone could get help if they were upset by someone else’s behaviour • To identify situations as to whether they are teasing or bullying 	Markers for Assessment - Skills Y1 <ul style="list-style-type: none"> • Identify a range of feelings • Identify how feelings might make us behave: • Suggest strategies for someone experiencing 'not so good' feelings to manage these. Y2 <ul style="list-style-type: none"> • To rehearse and demonstrate some strategies to deal with bullying 		
Prior Knowledge Y1 – <ul style="list-style-type: none"> • To know the name of special people in their lives • To know who can help if they are sad, worried or scared • To know how they are the same/different to others Y2 – <ul style="list-style-type: none"> • Know a range of feelings • Know that they belong to various groups and communities such as their family • Know the qualities of a good friend 	Vocabulary Bullying, teasing, expressing, community, unacceptable, strategy		
Prior Skills Y1 – <ul style="list-style-type: none"> • To talk about the special people in their lives • Explore how we feel at different times and in different situations • Choose ways to help themselves if they feel sad Y2 – <ul style="list-style-type: none"> • To explain how people help us and how we can also help them to help us • To identify how different feelings might make us behave • Suggest simple strategies for making up after a falling out 	SCARF Units to be Covered (Year 1 Units) <ul style="list-style-type: none"> • Why we have classroom rules • Thinking about feelings • Our feelings • Feelings and Bodies • Our special people balloons • Good Friends • How are you listening? 		
Questions (potential ‘hook’ questions for lessons) <ul style="list-style-type: none"> • Have you ever had someone make fun of you? How did it feel? • How can we describe the people’s feelings on this picture? • How can we help if someone is being upset by someone else? 	Cross-Curricular/Enrichment <ul style="list-style-type: none"> • Stories around feelings and emotions • Role-Play different situations, showing our feelings on our faces and through our body language • Art – drawing different expressions/emojis 		

