



## PSHE/RSE CLASS 1 – Spring 2 – Keeping Myself Safe - Cycle B

### Recognising privacy, staying safe, seeking permission, using the internet and communicating online

		Below	Above
<p><b>Substantive Knowledge – Rec</b></p> <ul style="list-style-type: none"> <li>• Know how to keep their bodies safe and healthy</li> <li>• Name ways to stay safe around medicine.</li> <li>• Name adults in their lives and the community who keep them safe</li> </ul> <p><b>Y1</b></p> <ul style="list-style-type: none"> <li>• Know emotions and physical feelings associated with feeling unsafe;</li> <li>• Name people who can help them when they feel unsafe.</li> </ul>	<p><b>Markers for Assessment for Substantive Knowledge Rec</b></p> <ul style="list-style-type: none"> <li>• Name ways to stay safe around medicines</li> <li>• Give the name of people in the home and community who keep them safe</li> </ul> <p><b>Y1</b></p> <ul style="list-style-type: none"> <li>• Identify who can help if they are sad, worried or scared.</li> <li>• Identify ways to help others or themselves if they are sad or worried.</li> </ul>		
<p><b>Disciplinary Knowledge Rec</b></p> <ul style="list-style-type: none"> <li>• To name 5 people in their lives who could be named as trusted adults</li> <li>• Think how to recognise things around them which may not be safe</li> </ul> <p><b>Y1</b></p> <ul style="list-style-type: none"> <li>• Understand and learn the PANTS rules;</li> <li>• Name and know which parts should be private;</li> <li>• Explain the difference between appropriate and inappropriate touch</li> </ul>	<p><b>Markers for Assessment for Disciplinary Knowledge Rec</b></p> <ul style="list-style-type: none"> <li>• Talk about special people at home and school and what makes them special</li> <li>• To use the Stop!, No!, I don't like that mantra</li> </ul> <p><b>Y1</b></p> <ul style="list-style-type: none"> <li>• Can identify the PANTS rule</li> <li>• Can identify appropriate and inappropriate touches and explain how to respond to situations which they find uncomfortable</li> </ul>		
<p><b>Prior Substantive Knowledge Rec (prior is Nursery)</b></p> <ul style="list-style-type: none"> <li>• To know we are unique</li> <li>• To know the name of features of their face and some features of their body</li> </ul> <p><b>Y1</b></p> <ul style="list-style-type: none"> <li>• To know the name of special people in their lives</li> <li>• To know who can help if they are sad, worried or scared</li> <li>• To know how they are the same/different to others</li> </ul>	<p><b>Vocabulary</b></p> <p><b>Medicine, inappropriate, secret, trusted adult, responsibility, expression, body language</b></p>		
<p><b>Prior Disciplinary Rec (prior is Nursery)</b></p> <ul style="list-style-type: none"> <li>• Speak positively about themselves</li> <li>• Name different feelings and possible causes</li> <li>• Name some key adults who can help them when feeling sad/worried/scared</li> </ul> <p><b>Y1</b></p> <ul style="list-style-type: none"> <li>• To talk about the special people in their lives</li> <li>• Explore how we feel at different times and in different situations</li> <li>• Choose ways to help themselves if they feel sad</li> </ul>	<p><b>SCARF Units to be Covered - Yr2 SCARF Units</b></p> <ul style="list-style-type: none"> <li>• Harold's Picnic</li> <li>• How safe would you feel?</li> <li>• What should Harold say?</li> <li>• I don't like that!</li> <li>• Fun or not?</li> <li>• Should I tell?</li> <li>• Some secrets should never be kept</li> </ul>		
<p><b>Questions (potential 'hook' questions for lessons)</b></p> <ul style="list-style-type: none"> <li>• When have you needed to take medicine? What did that medicine look like?</li> <li>• Have you ever felt unsafe? How did you feel? When was it?</li> <li>• When do you think it is ok to keep a secret?</li> <li>• How can we tell someone if we are unhappy with their actions?</li> </ul>	<p><b>Cross-Curricular/Enrichment</b></p> <ul style="list-style-type: none"> <li>• Worry Monster/dolls</li> <li>• Role Play – house</li> <li>• Drawing families</li> <li>• Drawing face by observing in a mirror – drawing different emotions</li> <li>• Story books about emotions – The Worry Monster, Feeling Sad etc</li> </ul>		