



SEND Ambition and Access in Physical Education (PE)

AMBITION

What are we aiming for children with SEND to achieve in this subject?

Provide children with the opportunity to take control of their own learning where they have responsibility and ownership to challenge themselves. To support children to build resilience and self-esteem. To help to develop skills they need to become life-long learning specialists who have both an understanding and a positive relationship with physical activity.

ACCESS

What amendments are made to the subject in order to help children with SEND to achieve?

Ensuring that pupils with Special Educational Needs and Disabilities (SEND) have access to Physical Education (PE) in primary school is vital for their overall development, physical and mental health, and social inclusion. Adaptions and strategies should be employed to create an inclusive and support PE environment.

Personal Learning Plan

Develop Learning Plans for pupils with SEND to access PE.

These plans should outline clear, measurable goals and strategies to help pupils engage in PE activities and achieve learning outcomes.

Collaboration and Communication

Collaborate closely with special education professionals, parents, and caregivers to understand the unique needs of pupils with SEND.

Maintain open and regular communication to discuss progress, goals, and strategies.

Accessible Materials and Resources - Inclusion Activities

Modify PE activities and games to make them inclusive. Ensure all students can participate, either in the same activity or with appropriate adaptations.

Provide a variety of activities that cater for different abilities and interests.

Accessible Materials and Resources - Adaptive Equipment

Make use of adaptive equipment or assistive devices, such as modified sports equipment, or clothing, to help students with physical disabilities to participate fully.

Be mindful of sensory sensitivities or challenges that some pupils with SEND may have.

Instructions and Visual Supports

Differentiate instructions to meet the diverse learning needs of students with SEND. Tailor teaching methods and expectations to individual students' abilities and progress.

Provide clear and concise instructions, using visual supports like diagrams, picture schedules, or visual cues to assist students in understanding and following instructions.

Peer Support - Buddy System

Implement a buddy system where students with SEND are paired with a peer partner who can provide assistance, encouragement, and support during PE activities.

Flexibility and Choice

Allow students with SEND some flexibility in choosing activities or exercises that align with their interests and abilities.

Encourage them to participate in activities where they feel comfortable and motivated.

Progress Monitoring – Flexible Assessment

Regularly assess students' progress in PE and adjust goals and strategies accordingly.

Celebrate small achievements and improvements to boost students' self-esteem and motivation.

Children will be assessed on their understanding of technique and skills if they cannot physically carry out a skill.

Safety Precautions

Ensure that safety measures are in place to protect students with SEND during PE activities. This may include supervision, specialized equipment, or adaptations to minimize risks.

Positive Reinforcement

Provide positive reinforcement and praise for effort, participation, and sportsmanship.
Create a supportive and inclusive atmosphere where students feel valued and encouraged.

Cultural Sensitivity

Ensure that PE activities, clothing and discussions are culturally sensitive and inclusive of diverse belief systems, traditions, and worldviews.
Promote understanding and respect for different faiths and cultures.

Parent and Carer Involvement

Engage parents and caregivers in the planning and support process. They can provide valuable insights and collaborate on strategies for helping their child succeed in PE.

Social Skills and Inclusion

Promote social inclusion by encouraging peer interactions and teaching social skills that foster positive relationships among students with and without disabilities.

Teacher CPD

Provide teachers, and support staff, with training and professional development on inclusive teaching practices and strategies for supporting pupils with SEND.



By implementing these strategies and fostering an inclusive PE environment, primary school educators can help students with SEND experience the physical, social, and emotional benefits of physical education while building their self-confidence and overall well-being. Regular assessment and communication with students, parents, and specialists are essential components of effective SEND support in PE.